

**47th GIRLS and 48th BOYS**  
**"BEST OF THE WEST" INVITATIONAL**

Sponsored by Powel Crosley, Jr. YMCA – Gator Division & Gamble-Nippert YMCA  
9601 Winton Rd; Cincinnati, OH 45231 513-521-7112  
Bill Walker, Meet Director 513-807-0889  
Email: williamw@fuse.net

COMPETITION	LOCATION	DATE
Girls Diving Competition	Delhi Athletic Club	Tuesday, Dec. 10 <sup>th</sup> , 2024
Girls Swim Meet	Powel Crosley, Jr. YMCA	Wednesday, Dec. 11 <sup>th</sup> , 2024
Boys Diving Competition	Delhi Athletic Club	Tuesday, Dec. 10 <sup>th</sup> , 2024
Boys Swim Meet	Powel Crosley, Jr. YMCA	Wednesday, Dec. 11 <sup>th</sup> , 2024

**STARTING TIMES**

<b>Diving:</b> Delhi Athletic Club; 5027 Delhi Rd; 45238 (513-278-4060)	<b>Swimming:</b> Powel Crosley, Jr. YMCA; 9601 Winton Rd.; 45231 (521-7112)
	Deck opens at 4:15 pm
Warm-ups begin at 4:30 pm	Warm-ups begin at 4:30 pm Lane assignments will be given.
Competition begins at 5:00	Meet begins at 5:40 pm

**RULES**

Swimming: Timed Finals conducted under Ohio High School Athletic Association rules.

**ENTRY FORMS & DEADLINE**

All entries must be completed using Meet Manager. Paper entries will not be accepted. Entries must be in the hands of the Entry Chairperson, Bill Walker, (513-807-0889) **no later than** Sunday, Dec. 8<sup>th</sup> for the Girls & Boys. This applies for both swimming and diving. You may e-mail entries to williamw@fuse.net.

**FEES:**

\$90.00 per school, per team.

Make checks payable to: Powel Crosley YMCA - Best of the West

Mail checks to: Powel Crosley YMCA  
9601 Winton Road, Cincinnati, OH 45231  
Attn: Stacey Tepe

**DIVING**

Each diver will complete 6 dives. Diving lists must be turned in by 4:30 pm. Awards will be given to coaches after the diving meet. SCHOOLS MAY ENTER THREE DIVERS. Please include names of divers with the swimming entries so that diving can be listed in the heat sheet.

## **SWIMMING**

Each team is limited to THREE SWIMMERS PER EVENT. A swimmer may compete in 4 events, no more than 2 of which can be individual events. Relays: Enter 1 team in each relay. You may enter as many as 4 alternates for the Medley Relay; however, this will count as an event for the alternates only if they swim. You may enter as many as 4 alternates for the Free Relays (the same rules apply).

## **AWARDS AND SCORING**

Scoring: Individual events: 16, 13, 12, 11, 10, 9, 7, 5, 4, 3, 2, 1  
Relays: 32, 26, 24, 22, 20, 18, 14, 10, 8, 6, 4, 2

Swimming: Medals for 1<sup>st</sup> through 3<sup>rd</sup>, and ribbons for 4<sup>th</sup> through 6<sup>th</sup>, for individual events. Relays will be awarded ribbons for 1<sup>st</sup> through 3<sup>rd</sup>. First place team trophy (one rotating and one permanent).

Diving: Medals for 1<sup>st</sup> through 3<sup>rd</sup>, and ribbons for 4<sup>th</sup> through 6<sup>th</sup>.

Coaches: Please plan to pick up your team awards at the conclusion of the Swim meet; otherwise, awards will be mailed to your respective high school.

## **ADMISSION**

\$5.00 per person.

Heat sheets: \$3.00

Proceeds from the meet go to the Powel Crosley YMCA Swim Team.

## **COACHES: Please convey the following to your athletes:**

1. Each school will have an assigned area in the Bubble Pool Area.
2. No banners in the pool area at either the PCY or Oak Hills.
3. Bands are not permitted at either the PCY or Oak Hills due to space limitations.
4. Swimmers/Divers are reminded to bring their own locks.

**Thanks in advance, and good luck to all coaches, swimmers, and divers on a successful meet!**