

PRINCETON SW CLASSIC

WARM-UP SCHEDULE SUNDAY (1/20)

SESSION # 1 – 25 MINUTES

<u>LANE</u>	<u>TEAM</u>	<u>TIME</u>
1 – 4	SUMMIT COUNTRY DAY (35)	10:55 AM – 11:20 AM
5 – 8	INDIAN HILL (39)	10:55 AM – 11:20 AM

SESSION # 2 – 25 MINUTES

1 – 3	LAKOTA EAST (33)	11:20 AM – 11:45 AM
4 – 6	LAKOTA WEST (34)	11:20 AM – 11:45 AM
7 – 8	MADEIRA (22)	11:20 AM – 11:45 AM

SESSION # 3 – 25 MINUTES

<u>LANE</u>	<u>TEAM</u>	<u>TIME</u>
1 – 4	PRINCETON (17)	11:45 AM – 12:10 PM
5 – 7	NORWOOD (14)	11:45 AM – 12:10 PM
8	BETHEL TATE (2)	11:45 AM – 12:10 PM

SESSION # 4 – 15 MINUTES

<u>LANES</u>	1 – 2 – 3 – 4 – 5 – 6 ONE WAY SPRINTS	12:10 PM – 12:25 PM
<u>LANES</u>	7 – 8 OPEN WARM-UP LANES	12:10 PM – 12:25 PM

NATIONAL ANTHEM @ 12:25 PM / MEET STARTS @ 12:30 PM

10:00 MINUTE BREAK AFTER EVENT # 212 & # 218 ON SUNDAY - POOL OPEN
NO BLOCKS / NO DIVING IN

5:00 MINUTE BREAK AFTER EVENT # 220 ON SUNDAY - POOL CLOSED