

2024 Southwest Ohio Highs School Swimming & Diving Classic

M.E. Lyons Prelim

Warm-up Schedule

REVISED

Saturday (1/13/2024)

7:25-7:55

Turpin 1-6 Deep End
Milford 1-6 Shallow End

7:55-8:25

CCD 1-3 Deep
CMAR 4-6 Deep
CWL 1-4 Shallow
NRCH 5-6 Shallow

8:25 – 8:50

Deep one way starts
Shallow open warm-up

Sunday (1/14/2024)

7:25-7:55

CWL 1-4 Deep End
NRCH 5-6 Deep End
CCD 1-3 Shallow End
CMAR 4-6 Shallow End

7:55-8:25

Milford 1-6 Deep End
Turpin 1-6 Shallow End

8:25 – 8:50

Deep one way starts
Shallow open warm-up