

Lanes	Warm up Session #1 7:00-7:25am	Warm up Session #2 7:25-7:50 am	Warm up Session #3 7:50-8:15am	Warm up Session #4 8:15-8:40am	Warm up Session #4 8:40-8:55 am
1	Sycamore	Cincinnati Country Day	Milford	Turpin	Pace Lane
2	Sycamore	Cincinnati Country Day	Milford	Turpin	Pace Lane
3	Sycamore	Mariemont	Milford	Turpin	Sprints/Starts
4	Sycamore	Mariemont	Milford	Turpin	Sprints/Starts
5	Sycamore	Ursuline Academy	Milford	Turpin	Sprints/Starts
6	Sycamore	Ursuline Academy	West Clermont	New Richmond/Seven Hills	Sprints/Starts
7	Sycamore	Ursuline Academy	West Clermont	Seven Hills	Sprints/Starts
8	Open	Ursuline Academy	West Clermont	Seven Hills	Sprints/Starts

**All teams will have a designated team space just outside of the pool deck doors in the hallway/commons.

**Coaches will have a designated table on the pool deck. Swimmers are asked to not linger on the pool deck during the meet.

**Swimmers should stay in their team area when not competing. No teams will sit up in the stands.