



**2025 Fred Cooper Invitational**  
**Sunday, February 9, 2025**  
**Held under the observation of Ohio Swimming**  
**OH-25SC-97OB Fred Cooper Invitational**

**Hosted by**  
  
**Swim and Dive**

<b>Location:</b>	Keating Natatorium, St Xavier High School 616 W North Bend Rd, Cincinnati, OH 45224
<b>Facility:</b>	Keating Natatorium is a 50-meter pool. The competition pool will consist of one 25-yard course, 8 lanes, at the balcony end of the facility. Continuous warm-up and warm-down areas will be available in the 25 yard scoreboard end pool. The competition pool ranges in depth from 6 ft at the balcony (south) end of the pool to 4 ft in depth at the Scoreboard (north) end of the pool. The meet host will ensure the required course dimensions..
<b>Meet Director:</b>	Brian Reinhart and Tim Banker BReinhart@stxavier.org and tbanker@stxavier.org
<b>Meet Referee:</b>	Mike Stroh
<b>Officials Contact for the Meet:</b>	Mike Stroh stroh@fuse.net
<b>Entry Chair:</b>	Heather Shooner hdshooner@gmail.com 513-254-8877
<b>USA Swim Observation:</b>	In granting this observation it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
<b>Meet Type:</b>	Invitational, timed finals
<b># of Sessions:</b>	1
<b>Code of Conduct:</b>	Any individual who exhibits a behavior of a threatening, abusive, or derogatory manner toward an official or member of the meet staff is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective teams.
<b>General:</b>	Concessions will be available at the meet
<b>USA Swimming Rules:</b>	<ul style="list-style-type: none"><li>• The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.</li><li>• Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices.</li><li>• Deck changes are prohibited.</li><li>• Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Flash photography is not permitted at the start of any race.</li></ul>
<b>Medical Supervision available to athletes:</b>	Lifeguard and AED device is available to athletes participating in the meet.

<b>Entry Limits:</b>	<ul style="list-style-type: none"> <li>• Swimmers may swim a maximum of 4 events total, only two of which can be individual events.</li> <li>• The Fred Cooper Invitational is open to all swimmers unlikely to qualify for the Ohio High School Southwest District meet. * <i>Because the meet takes place prior to the District meet, coaches' discretion is appreciated.</i></li> <li>• There are no event entry limitations. However, 500 Freestyle entries will be limited to the Top 16. All 500 entries must be verified with proof of meet results from the current high school season. * <i>If an athlete does not make the Top 16 in the 500, the coach will be notified and that swimmer will be allowed to enter a different event.</i></li> <li>• Total entries for the meet will be limited to 350 swimmers.</li> </ul>
<b>Entry Procedures:</b>	<ul style="list-style-type: none"> <li>• Entries are due by <b>6:00 p.m. on Wednesday, February 5, 2025</b>. There is no team entry fee.</li> <li>• Entry file can be downloaded from swimmeet.com.</li> <li>• An entry time is required; NT not accepted. Please enter athletes with times from the current season.</li> <li>• Please send the entry file to Heather Shooner (hdshooner@gmail.com).</li> <li>• Entries must be submitted electronically using Hy-Tek Team Manager.</li> </ul>
<b>Warm-up and Safety Guidelines:</b>	<ul style="list-style-type: none"> <li>• Team warm-up will begin at <b>12:00 PM</b> with competition beginning at <b>1:10 PM</b>. There will be an assigned warm-up schedule for this meet that will be posted on swimmeet.com.</li> <li>• You may do sprints in any lane if you are the only team occupying the lane.</li> <li>• Warm-ups will be monitored jointly by the Meet Director and Meet Referee.</li> <li>• Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner.</li> </ul>
<b>Competition Guidelines:</b>	<ul style="list-style-type: none"> <li>• There will be no break during this meet..</li> <li>• This meet will be contested in SCY. Athletes who are registered USA Swimming members in good standing at the time of the swim will have their times entered into SWIMS, provided their meet entry contains their full name, date of birth and USA Swimming ID number. Sanction #OH-25SC-97OB</li> <li>• The meet will follow the HS National Federation Rule Book. The referee, starter, stroke and turn judges are all registered OHSAA officials.</li> <li>• This meet will be pre-seeded. No deck entries will be accepted at the meet.</li> </ul>
<b>Scratch Rule:</b>	<ul style="list-style-type: none"> <li>• All changes to entries must be sent in prior to <b>9am on meet day</b>. After that time, only scratches will be accepted in the meet office before the meet starts. There will be no reseeding of events after changes received.</li> <li>• Relay participants may be adjusted any time before the event is called.</li> <li>• Any athlete entered in the meet may swim on a relay.</li> </ul>
<b>Awards:</b>	<ul style="list-style-type: none"> <li>• There are no awards at this meet.</li> <li>• Results will not be posted during the meet. Results will be available on Meet Mobile.</li> <li>• There is an award for the outstanding swimmer of the meet as voted upon by the attending coaches.</li> </ul>
<b>Scoring:</b>	Score will not be kept at this meet.
<b>Admission:</b>	• Tickets are \$7 and available online ( <a href="https://stxsports.net/sports/2020/2/25/tickets.aspx">https://stxsports.net/sports/2020/2/25/tickets.aspx</a> ) or at the gate (cash not accepted).
<b>Venue Rules:</b>	<p><b>Deck Access:</b> Deck access is restricted to competing athletes, registered coaches, officials and meet workers. No parent or spectator will be allowed on deck except at the request of the meet officials or meet director.</p> <p><b>Locker Rooms and Changing Facilities:</b> The Men's and Women's locker rooms are located on the pool deck level. Locker space is not available. Belongings may be stored on deck in team areas. St Xavier is not responsible for any lost or stolen items.</p> <p><b>First Aid/Training Needs:</b> Lifeguards are trained to handle water emergencies and first aid on the deck. Please report all first aid issues to the lifeguard on duty.</p> <p><b>Flash Photography:</b> Flash photography is not permitted at the start of any race.</p> <p><b>Deck changing is not permitted.</b></p> <p><b>Team Seating:</b> Team seating will be assigned based on entries. Spectator gallery is available on a first-come basis. Saving of seats is prohibited.</p> <p><b>Wireless Internet Access:</b> Wireless internet access will be available throughout the meet.</p>

In the case of a snow emergency and the need to cancel the meet, there is no guaranteed back-up date but we will attempt to reschedule.

## APPENDIX 1: Meet Safety Plan for St Xavier Swim and Dive Team

Facility Information	
<b>Facility Rules and Policies:</b>	All athletes, coaches and volunteers will enter through the main level. Spectators will enter via the stairway or elevator.
<b>Locker Rooms / Changing</b>	Locker rooms are available for changing and showering.
<b>Parental Access</b>	St Xavier Swim and Dive will provide a live stream so parents will have access to and/or opportunity to observe their swimmer.

Ohio Swim Observation Information	
<b>Ohio State Laws applicable to sanctioned events</b>	<ul style="list-style-type: none"><li>● Ohio's Return to Play Law (ORC 3313.539 and ORC 3314.03) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can be found at <a href="http://www.swimohio.com">www.swimohio.com</a> under Safe Sport&gt;Concussion.</li><li>● There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.</li></ul>