

SWIMMING & DIVING CHAMPIONSHIPS

February 4 - 5, 2022

COLERAIN - FAIRFIELD - HAMILTON - LAKOTA EAST - LAKOTA WEST MASON – MIDDLETOWN – OAK HILLS – PRINCETON – SYCAMORE

PLACE Mason High School

6100 Mason-Montgomery Road

Mason, OH 45040

Both competitors & spectators use the entrance marked "Theater & Natatorium".

DATE Diving Friday February 4

Swimming Saturday February 5

TIME Diving: Warm-up: 6:30 pm - 7:15 pm

Competition: 7:30 pm

12:00 pm - 1:30 pmSwimming: Warm-up:

> Competition: 1:45 pm

MEET The GMC Championships are actually two meets in one: a girl's championship

meet and a boy's championship meet.

Diving Events - The diving information published on swimmeet.com contains a detailed description of the dive events; including judging method and dive sheet submission.

Swimming Events – Varsity events will be contested in the standard order. There will be a 10 minute break after the 50 free.

In a brief ceremony after the meet, we will present individual & team awards.

ENTRY LIMITS Each school may enter a maximum of four (4) swimmers or divers per gender in each individual event and one (1) team per relay event. Each swimmer is permitted to swim a maximum of four (4) events, no more than two (2) of which may be individual events. A dive event is considered an individual event.

Seed times must be from the current high school season.

No changes to the entries for any school shall be permitted after the posting of the first psych sheet with the exception of students who must be withdrawn due to medical reasons verified by a physician. A substitute may replace the

injured/ill athlete provided the substitute is listed on the eligibility certificate, has not exceeded the entry limitations and is submitted NO LATER THAN 10:00 AM on the day the event is contested. After that time, no substitutions will be accepted. It is not permissible to replace the injured/ill student with a student who has already been entered into the tournament in two individual events.

ENTRY SUBMISSION

The event file for this meet is available on swimmeet.com. Entries must be submitted via email in an HY3 file as produced by Team Manager. Include both swimmers <u>and</u> divers in your Team Manager entries.

An entry is considered submitted if it meets the deadline and includes:

- 1. The **mobile phone number** of the person responsible for entry decisions in the body of the email.
- 2. All your swimmers and divers (including swimmers swimming exclusively in relays) in a format that can be imported into Meet Manager.
- 3. All your relay teams with the four swimmers assigned to each team in a format that can be imported into Meet Manager. (Relay change slips will be available in your meet package when you arrive at the pool the morning of the competition).
- 4. If times are submitted, times for results on a yards course.
- 5. Dive sheets are submitted according to the procedure laid out in the diving instructions, found on swimmeet.com in a separate document.

ENTRY DEADLINE

Entries must be in the Entry Chair's email inbox by 12:00 noon Monday, January 31, 2022.

ENTRY

Gary Waechter

CHAIR

815-341-0951 (mobile)

masonswimmeets@yahoo.com

ENTRY ACCURACY Each coach is responsible to verify the accuracy of their entries. The meet entry chair will email entry confirmations within 24 hours of the entry deadline.

Changes to individual events will be accepted <u>until</u> the psych sheet is posted.

PSYCH SHEET A psych sheet and projected timeline will be posted on swimmeet.com on or before **Wednesday February 2, 2022**. After the psych sheet is posted, only changes to relay swimmers or scratches will be accepted.

SCORING

All events are timed finals

Top sixteen (16) will be scored in individual events -1^{st} through 16^{th} 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Top ten (10) will be scored in relay events – 1st through 10th

40 - 34 - 32 - 30 - 28 - 26 - 24 - 22 - 18 - 14

MEET RESULTS

During the competition, results will be available on Meet Mobile. Within 24 hours of the close of the meet, meet results suitable for importing into Team Manager and meet results suitable for printing (PDF) will be emailed to each person who submitted a team entry.

AWARD

GMC Coach of the Year

Coaches cannot vote for themselves in coach of the year balloting. Forms will be distributed at the coaches meeting and collected after the 100 breaststroke.

GMC Swimmers of the Year

Male & female swimmer of the year will be awarded to the individuals earning the most NISCA power points in their two individual events. No NISCA points will be awarded to swimmers for competing in relays.

GMC Divers of the Year

The GMC will award a male & female diver of the year based upon points earned in the GMC championship meet. This will also be the first team all-conference award.

PRE-MEET WARM-UP

Lane	12:00-12:25	12:25-12:50	12:50-1:15	1:15-1:30
	pm	pm	pm	pm
1	Hamilton	1 way sprint	1 way sprint	
2	Hamilton	1 way sprint	1 way sprint	General
3	Lakota East	Fairfield	Oak Hills	warm-up
4	Lakota East	Fairfield	Oak Hills	or
5	Lakota East	Fairfield	Oak Hills	sprint
6	Lakota West	Princeton	Sycamore	
7	Lakota West	Princeton	Sycamore	
8	Lakota West	Princeton	Sycamore	<u>@</u>
9	Mason	Middletown	Colerain	coaches'
10	Mason	Middletown	Colerain	discretion
11	Mason	Middletown	Colerain	

IN-MEET WARM-UP/ COOL-DOWN

During the competition, lanes 10 & 11 will be available for swimmers to use for warm-up / cool-down. Lane 9 will not be used, providing a buffer to minimize interference with the competitors in lanes 1-8. All swimmers must enter and leave warm-up/cool-down lanes in the northeast corner of the pool closest to the glassed-in office. Swimmers are not to jump or dive into the warm-up/cool-down area.

TIMERS

Mason will supply <u>all</u> watches

Each school will be required to provide two (2) timers to work both boys & girls swim meets.

Timer Assignments				
Lane	200 medley relay	100 free		
Lane	through 100 fly	until end of meet		
1	Hamilton	Middletown		
2	Fairfield			
3	Lakota West			
4	Lakota East			
5	Princeton			
6	Sycamore			
7	Oak hills			
8	Colerain			
Relief	Mason			

OFFICIALS

Referee

Starter

Two turn officials at each end One official at the fifteen yard mark

One chief judge

MEETINGS

Officials 1:00 pm Hospitality room Coaches 1:15 pm Hospitality room Timers 1:30 pm Under scoreboard

ADMISSION

All tickets are online only \$6.00

Tickets will be online at this link - https://gofan.co/app/school/OH1441

Pre-school age No charge

GMC Passes accepted

HEAT SHEETS \$2.00

CONCESSIONS Full concessions (hot & cold food & beverages) will be available

FACILITY

The Mason pool is an eleven (11) lane, 25 yard pool. The ten (10) lanes nearest to the spectator seating area are equipped with starting blocks and a Colorado timing/starting system/scoreboard and can be used for competition.

Since we will compete in only 8 lanes, lane 9 will be used for pre-meet warm-up but not be used during the meet.

Lanes 10 & 11 will be used during the meet for warm-up / cool-down.

BOARDS Two 1 meter diving boards

ACCESS TO Access to the pool deck is restricted to officials, timers, deck **POOL DECK** volunteers, coaches, and competitors.

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LOCKER **ROOM**

Full locker & shower rooms. Use the locker rooms on the high school side. Do not allow your teams to use the

community center facilities.

TEAM AREA Team areas will be available in deck bleachers at the meet.

SEATING Poolside capacity for more than 700 spectators

COMMONS AREA

The commons area just inside the building entrance is available for spectators and competitors to relax during lulls between their events. It is a large space with open

areas, tables, and chairs.

PARKING Park only in the high school lots. If you are facing the

Natatorium entrance, the high school lots are located to your right (west & south of the high school building). Do not park on the circle, north of the Natatorium near the

community center, or at the municipal building.

The community center abuts the high school Natatorium **OFF LIMITS**

across the pool from spectator seating and is separated from the competition pool by a glass door. NO ONE is permitted beyond the glass door to the community center

pool, locker rooms, or any other facilities.