

GMC Swimming Championships

Saturday, February 4, 2023

| | | |
|--------------------|---|--|
| MEET | Meet details can be found elsewhere on swimmeet.com | |
| PLACE | Mason High School Competition Pool 6100 South Mason-Montgomery Road, Mason, OH 45040 Both competitors & spectators use the entrance marked “Theater & Natatorium”. | |
| CONCESSIONS | Full concessions (hot & cold food & beverages) will be available | |
| FACILITY | POOL | The Mason pool is an eleven lane, 25 yard pool. The eight (8) lanes nearest to the spectator seating area are equipped with starting blocks and a Omega timing/starting system/scoreboard and are used for competition. Lane 9 is used for pre-meet warm-up but is not to be used during the meet. Lanes 10 & 11 are used during the meet for warm-up / cool-down. |
| | LOCKER ROOM | Full locker & shower rooms. Use the locker rooms on the high school side. Do not allow your teams to use the community center facilities. |
| | TEAM AREA | Team areas will be assigned in deck bleachers at the meet. |
| | SEATING | Poolside capacity for more than 700 spectators |
| | COMMONS AREA | The commons area just inside the building entrance is available for spectators and competitors to relax during lulls between their events. It is a large space with open areas, tables, and chairs. |
| | PARKING | Park only in the high school lots. If you are facing the Natatorium entrance, the high school lots are located to your right (west & south of the high school building). <u>Do not park on the circle, north of the Natatorium near the community center, or at the municipal building.</u> |
| | OFF LIMITS | The community center abuts the high school Natatorium across the pool from spectator seating and is separated from the competition pool by a glass door. NO ONE is permitted beyond the glass door to the community center pool, locker rooms, or any other facilities. |

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|---|--|----------------------|
| Pre - Swim Session Timeline | | |
| Time | Activity | Location |
| 12:00 PM | 1 st Warm Up Session Begins | See Lane Assignments |
| 12:25 PM | 1 st Warm Up Session Ends | |
| 12:25 PM | 2 nd Warm Up Session Begins | See Lane Assignments |
| 12:50 PM | 2 nd Warm Up Session Ends | |
| 12:50 PM | 3 rd Warm Up Session Begins | See Lane Assignments |
| 1:00 PM | Officials Meeting | |
| 1:15 PM | 3 rd Warm Up Session Ends | |
| 1:15 PM | Coaches Meeting | Hallway Outside Pool |
| 1:30 PM | Timers Meeting | Under the scoreboard |
| 1:45 PM Competition Begins | | |
| Lanes 10 & 11 will be available throughout the swim sessions for swimmers to warm-up and cool down. | | |
| 5:27 PM Est. end of Competition | | |

PRE-MEET WARM-UP

| Lane | 12:00-12:25 pm | 12:25-12:50 pm | 12:50-1:15 pm | 1:15-1:30 pm |
|------|-------------------|-------------------|------------------|---|
| 1 | Hamilton | 1 way sprint | 1 way sprint | General warm-up or sprint @ coaches' discretion |
| 2 | Hamilton | 1 way sprint | 1 way sprint | |
| 3 | Lakota East | Fairfield | Oak Hills | |
| 4 | Lakota East | Fairfield | Oak Hills | |
| 5 | Lakota East | Fairfield | Oak Hills | |
| 6 | Lakota West | Princeton | Sycamore | |
| 7 | Lakota West | Princeton | Sycamore | |
| 8 | Lakota West | Princeton | Sycamore | |
| 9 | Mason | Middletown | Colerain | |
| 10 | Mason | Middletown | Colerain | |
| 11 | Mason | Middletown | Colerain | |

TICKET INFORMATION: Tickets are ONLINE ONLY - <https://gofan.co/app/school/OH1441>

LIVESTREAM: The meet will be livestreamed from the masonpool account: <https://www.youtube.com/@masonpool>

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| Timer Assignments | | |
|-------------------|-------------------------------------|-------------------------------|
| Lane | 200 medley relay through 100 fly | 100 free until end of meet |
| 1 | Hamilton | Middletown |
| 2 | Fairfield | |
| 3 | Lakota West | |
| 4 | Lakota East | |
| 5 | Princeton | |
| 6 | Sycamore | |
| 7 | Oak hills | |
| 8 | Colerain | |
| Relief | Mason | |