

JV Invitational 2025

Hosted by St Xavier High School

Date	Saturday, January 25, 2025	Warm-Ups	11am
Location	Keating Natatorium, St Xavier High School 616 W North Bend Rd, Cincinnati, OH 45224	Meet Starts	12:10pm

Meet Specifications:

- This invitational has been developed for JV swimmers from schools with large teams.
 - JV swimmers are largely considered those not projected to qualify for the SW District meet at the end of the season.
- The intention of this meet is to offer good competition in a fast pool, without emphasis on points or scoring. (No meet score will be kept.)
- Swimmers may compete in events where they have not yet achieved District level times.
 - If a swimmer has achieved District Level Times, please DO NOT enter him/her in that event.

Entry Information:

- Meet information and entry file will be posted to swimmeet.com.
- Each team is permitted to enter:
 - 4 swimmers per individual event
 - 2 teams for the Medley and Free 200 Relays
 - 1 team for the 400 Free Relay
- Please enter swimmers with current season times for seeding purposes.
- Relays should include names and times with the entry file.
- Entries will be swum slowest to fastest, with the top eight competitors swimming in the final heat.
- Only the top 16 times will be swum in the 500 Free.
 - Please be sure to use times for the current season when entering athletes in this event.
- No entry fees. Donations graciously accepted for charity.
- Send entries to Heather Shooner: hdshooner@gmail.com by **Monday, January 20th at 5:00 pm.**
- Teams will be notified by Thursday prior to competition with an opportunity to fill empty lanes. This will happen on a first come, first served basis.

Spectator Information:

- Admission information will be provided at a later date.
- Spectators and teams may find space in the bleachers
 - Teams can sit on the scoreboard end of the pool

Competition Guidelines:

- Meet Timeline: 4 hours (approximately)
- No planned breaks
- Warm-up/ warm-down lanes will be available at scoreboard end

Entry Grid Guideline:

EVENT	MEN		WOMEN	
	Lower Limit	Upper Limit	Lower Limit	Upper Limit
200 Free	1:54.67	2:30.00	2:05.77	2:40.00
200 IM	2:12.06	2:45.00	2:22.64	2:55.00
50 Free	23.27	<i>No Limit</i>	27.02	<i>No Limit</i>
100 Fly	58.77	1:40.00	1:04.36	1:40.00
100 Free	51.21	<i>No Limit</i>	58.31	<i>No Limit</i>
100 IM	59.00	<i>No Limit</i>	1:03.68	<i>No Limit</i>
500 Free	5:16.39	7:00.00	5:41.19	7:00.00
100 Back	1:00.37	1:30.00	1:05.00	1:35.00
100 Breast	1:07.22	1:40.00	1:13.64	1:45.00

Questions:

David Albert will be glad to answer your questions or concerns. Your feedback and ideas are greatly appreciated (both before and after competition).

We look forward to hosting you.