## 2022 Muskingum Valley League Championship Co-hosted by Tri-Valley and Coshocton High Schools Wednesday, January 26, 2022, 5:30pm

This meet will be conducted without any restrictions; however, we request that meet participants (coaches, athletes, parents, volunteers, officials) refrain from attending this meet if exhibiting symptoms of illness. Thank you for your cooperation! We want to provide a healthy environment for all!

Facility: Coshocton High School, 1205 Cambridge Rd, Coshocton, OH 43812. 25-meter, 6-lane pool. Full facility locker rooms and showers.

**Entries**: Teams may enter a maximum of four (4) entries per event, including relays. Each swimmer is limited to a total of four (4) events, of which no more than two (2) may be individual events. Entries will be seeded according to entry times. If no time is submitted, an NT will be used. Submit all times in meters. **Email all entries in Hy-Tek format to** <u>scottieswimcoach@yahoo.com</u> by **9pm on Monday, January 24, 2022.** 

**Warmups:** Warmups will begin at 4:30pm. Warmup lanes will be assigned after entries are received. Feet first entries are required. Coaches must manage all one-way sprints in their warmup lanes to ensure swimmer safety. Pool will be cleared at the end of the warmup session and competition will start immediately following the National Anthem.

4:15 – 4:35pm	River View
4:35 – 4:55pm	Coshocton, John Glenn, Philo, Maysville, Crooksville
4:55 – 5:15pm	Tri-Valley, West Muskingum
5:15 – 5:25pm	ONE WAY SPRINTS

**Rules/Officials**: Computer scoring and electronic timing with touch pads and two backup buttons will be used. Meet will be conducted per 2021-22 NFHS and OHSAA Rules. Three OHSAA certified officials will be on deck. Pre-meet conference information will be communicated in advance. Scratches and relay changes are due to the score table upon the team's arrival to the facility.

Scoring: Individual events – 9-7-6-5-4-3-2-1 Relay events\* – 18-14-12-10-8-6-4-2 \*Only one (1) relay per team will score.

**Awards:** Medals will be awarded to the top three places of each event. A podium medal ceremony will be conducted after each event for the previous event (like the district meet format). Perpetual trophies will be awarded to the winning boys and girls teams to display at their school until the following year's meet.

**Timers**: Each team should provide at least 2 timers (larger teams are encouraged to provide more). Timers will be admitted free to the meet. Watches will be provided. A timer's meeting will be conducted at 5:10pm.

**Spectators**: Spectator admission is \$6 for adults; \$4 for students; children <5 are free. Heat sheets (\$2) and concessions will be available. Bleacher seating is available. Handicap/wheelchair seating needs will be accommodated upon request. Spectators must enter the building through the glass doors or main entrance. Pool doors will be locked.

Parking: Parking is available in any space on the Coshocton High School campus.

**Senior Recognition**: We will recognize all MVL senior swimmers during the break and teams are encouraged to display senior banners. Request all seniors complete a senior recognition form (attached); their bios will be featured in the meet program. **Coaches, please send your seniors' recognition forms to** <u>scottieswimcoach@yahoo.com</u> by Friday, January 21<sup>st</sup>.

Swimmer Camp Area: Swimmers will "camp" in the hallway outside the natatorium entrance. Team camp spots will be assigned.

**Inclement Weather Policy**: Meet will be canceled and rescheduled in the event of a Level 2 Snow Emergency in Muskingum or Coshocton County.

For the safety of our swimmers, cell phones and other media recording devices are prohibited in all locker rooms, rest rooms, changing areas and behind the starting blocks.

**Questions**? Contact Christi Holmes (TV) at <u>scottieswimcoach@yahoo.com</u> or Kristina King (RV/CHS) at <u>kristina.king@rvbears.org</u>. We are looking forward to another fantastic MVL Championship!

## **MVL Senior Recognition Form**

Name:	
# of Years in HS Swimming:	
Other HS Sports/Clubs/Activities:	
Post-graduation plans -and/or- school/coll	lege/university you are planning to attend:
Major/Minor/Program:	
MV	L Senior Recognition Form
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# of Years in HS Swimming:	# of Varsity Letters:
Post-graduation plans -and/or- school/coll	lege/university you are planning to attend:
Major/Minor/Program:	