THE NED REEB MEMORIAL HIGH SCHOOL INVITATIONAL SWIMMING MEET SPONSORED BY CENTRAL OHIO SWIMMING ASSOCIATION (COSA)

Please review entry procedure for 2019!

Central Ohio (Fairfield, Franklin, Delaware, Licking, Pickaway, and Union counties) entries are due to the entry chair by 3:00 pm EST on Sunday, December 8th, 2019. *Entries from Central Ohio teams received after this deadline will be considered on a first come – first served basis with out-of-area teams.*

Meet entries open Wednesday, November 21, 2019

ALL OTHER ENTRIES are due <u>AFTER</u> 3 p.m. on Sunday, December 8th, 2019 and <u>NO LATER</u> <u>THAN</u> 3 p.m. Monday, December 9th, 2019. After the Sunday 3 p.m. deadline for Central Ohio teams, entries will be accepted on a first come – first served basis. Entries from outside the counties listed above will NOT be accepted prior to 3 p.m. on Sunday, December 9th, 2019.

FRIDAY B-FLIGHT — FRANKLIN COUNTY teams should enter the Friday B-Flight session. (See additional information below).

PLEASE REFER TO THE ENTRY PROCEDURE PAGE AT THE END OF THE PACKET!!!

Note dates for 2019!

Each year COSA is in the unfortunate situation of turning swimmers away due to entry limits and time constraints. We are grateful that The Ohio State University and staff have been able to open Friday evening to us for an additional B-flight for Franklin County teams.

It is our hope that this additional session will allow us to include the 300+ swimmers that we have had to turn away previously by moving Franklin County teams to this Friday session. Teams outside of Franklin County may request Friday swims (instead of Saturday) by contacting the meet director, Kim Kessler, listed below.

The goal of COSA has always been to include as many swimmers as possible and afford each team the opportunity to compete at the premier facility in the Midwest.

http://www.cosainfo.com follow us on Facebook at: Central Ohio Swimming Association

THE NED REEB MEMORIAL HIGH SCHOOL INVITATIONAL SWIMMING MEET SPONSORED BY

CENTRAL OHIO SWIMMING ASSOCIATION (COSA)

LOCATION: The Mike Peppe Pool in the Bill & Mae McCorkle Aquatic Pavilion on

the campus of The Ohio State University

DATE: Swimming – Friday, December 13, (LOCAL B-flight); Saturday, December 14,

A-flight (all teams) and out-of-area B-flight

MEET

DIRECTOR: Kim Kessler

Telephone: Kim: 614-530-4008

meetinfo@cosainfo.com

USA SWIMS

DATABASE: The 2019 Ned Reeb Memorial Invitational will be a USA Swimming "Observed"

meet. You <u>MUST</u> include swimmers' USA ID # in your ENTRY FILE if you wish to have athlete times loaded into SWIMS. We will <u>NOT</u> add USA ID #'s

during the meet. INCLUDE USA SWIMMING ID #'s WITH YOUR

ENTRIES. Utilizing nicknames and no use of middle initial will result in an

incorrect USA Swimming ID#.

MEET TIMELINE

START TIMES:

Friday times are "tentative" as of October 21, 2019 Friday, December 13, 2019

Doors will open for swimmers at 3:45pm

B – FLIGHT – timed finals			
Warm-up: not before 4:15 pm – 60 MINUTES			
Start Time: not before 5:30 pm			
Estimated finish time: 8:30 pm			

Saturday, December 14, 2019

Doors will open for swimmers at 6:45am

A - FLIGHT	B – FLIGHT – timed finals
Warm-up: 7:00 am – 8	3:30 am Warm-up: not before 11:30 am – 60 MINUTES
Start Time: 8:45 am	Start Time: not before 12:45 pm
Estimated finish time: 11:30 am	Estimated finish time: 3:30 pm
FINALS warm-up: 4:30 pm – 5	5:15 pm
FINALS BEGIN: 5:30 pm	
FINALS FINISH TIME: 8:00 pm	

THERE WILL BE A 15-MINUTE BREAK BETWEEN THE 50 FREESTYLE AND THE 100 BUTTERFLY DURING PRELIMS AND FINALS – please note this change to conform to the format adopted format for the OHSAA State Championship meets.

SPECTATOR INFORMATION

Door will open for spectators at 4:30 pm for FRIDAY B-Flight and 6:45 am for Saturday A-flight.

The snack stand will be open during the meet.

PARKING: Parking will be available for a flat rate of \$6 at the Neil Avenue parking garage

<u>adjacent to the natatorium. THIS IS \$6 PER ENTRY TO THE GARAGE – NO IN</u> & OUT PRIVILEGES. YOU WILL NEED TO PAY AGAIN FOR FINALS SO

<u>PLAN TO CARPOOL.</u> Other garages will be open at an hourly rate.

NOTE: PILLOWS, BLANKETS, SLEEPING BAGS, ETC. ARE NOT PERMITTED IN

THE AQUATIC VENUE.

ADMISSION: Adults & Students: A Flight - Day Pass: \$10 (includes finals)

Adults & Students: B Flight - Session: \$8 (does not include finals)

Adults & Students: Finals Only: \$5

HEAT SHEETS: Heat sheets will be available for \$5 for prelims sessions / \$1 for finals

WARM UP SCHEDULE

FRIDAY, December 13

B-Flight

4:15-5:15 p.m. Competition pool (no diving well). ASSIGNED WARM-UPS

There will be two (2) 25 minute GENERAL WARM-UP sessions and one

(1) 10 minute sprint session

SATURDAY, December 14

Warm-up Pool Schedule:

A-Flight

7:00am – 8:30am Competition pool and diving well open. ASSIGNED WARM-UPS

8:30am – 11:15am Diving well open for continuous warm-up.

B-Flight

11:30am*** for 60 minutes Competition pool open (diving well is not available during B-flight).

***not before Teams in the B-flight will be notified via e-mail of a more accurate time.

Finals

4:30pm – 5:15pm Competition pool open 5:15pm – meet end Competition pool open

Note: ONLY SWIMMERS PARTICIPATING IN THE MEET ARE PERMITTED IN THE POOLS OR ON DECK.

ENTRY INFORMATION

SWIMMING ENTRIES:

Please refer to <u>ENTRY PROCEDURE PAGE</u> at the end of this packet. DO NOT e-mail your entry files – You will upload your entries through the procedure outlined on the <u>ENTRY PROCEDURE PAGE</u>.

Each team may enter a maximum of six (6) swimmers who have achieved the cut per individual event. Teams are permitted only one relay in each relay event. Swimmers are permitted to enter a maximum of 4 events, no more than 2 of which may be individual events. (There are no team entry limits for the B-flight. You may enter as many individuals as you wish in each event. Limits still apply to individual swimmers – 4 swims per swimmer; 2 individual and 2 relay events).

Enter all **swimmers** (*including relay-only swimmers not participating in an individual event*) using Hy-Tek Team Manager. Relay-Only swimmer can be added by assigning them to one or more relays as either one of the 4 relay swimmers or as an alternate on the relay.

Include first and last name and grade level – please use 9, 10, 11, 12 (not FR, SO, JR, SR) – this is different than OHSAA entries for Sectionals. Please use your assigned OHSAA school code and team name. Do not use school mascot as a team name.

Only swimmers entered via online entry may participate in this meet. There will be no exceptions.

<u>PLEASE</u> update your Team Manager information to include your e-mail address in the contact information!

ENTRY FEES:

A-Flight: <u>\$15.00 per athlete entered</u> (whether in an individual event, or relay only event).

B-Flight: <u>\$8.00 per athlete entered</u>. Should any of your swimmers be eliminated from events due to time constraints, a refund will be issued to you at the meet.

NOTE-ALL WHO ARE ENTERED WILL BE CHARGED-NO EXCEPTIONS. YOU MUST PAY THE ENTRY FEE FOR EACH SWIMMER ENTERED EVEN IF THEY DO NOT PARTICIPATE.

ALTERNATE EVENT:

A swimmer entered in the 500 freestyle may enter an alternate event in case their time in the 500 is not one of the 40 fastest. If they do not make the 500 field, then they may swim the alternate event. If they do make the 500 field, the coach must scratch the alternate event in the scratch meeting. Swimmers must have achieved the qualifying time standard for the A-flight in the alternate event.

ENTRY DEADLINE:

Central Ohio (Fairfield, Franklin, Delaware, Licking, Pickaway, and Union counties) entries are due to the entry chair by 3:00 pm EST on Sunday, December 8th, 2019. Entries from Central Ohio teams received after this deadline will be considered on a first come – first served basis with out-of-area teams.

ALL OTHER ENTRIES are due <u>AFTER</u> 3 p.m. on Sunday, December 8th, 2019 and <u>NO LATER THAN</u> 3 p.m. Monday, December 9th, 2019. After the Sunday 3 p.m. deadline, entries will be accepted on a first come – first served basis. Entries from outside the counties listed above will NOT be accepted prior to 3 p.m. on Sunday, December 8th, 2019.

Entries / Psych Sheet will be posted on December 12th, 2019 by 12pm. *Entries must be submitted using OME System.* Entries may not be faxed or emailed. Incorrect entries and late entries <u>WILL NOT BE ACCEPTED.</u>

Your team will be entered into the meet <u>based on availability of space</u> in the order in which entries are received through the OME system. An invoice will be generated and e-mailed to you from your online entry. Please use this as your invoice. Payment is due in full prior to the end of the A-Flight warm-up. Teams that have not paid will not participate unless prior approval has been sought.

<u>Acceptance by the OME is NOT a guarantee that your team entry is accepted. Teams will be accepted in the order received until the meet is full.</u>

SUBMIT PAYMENT TO:

Make checks payable to: COSA

PAYMENT IN FULL IS REQUIRED. Please see invoice for amount. Please send payment to:

Kim Kessler Central Ohio Swimming Association 4524 Mumford Dr. Columbus, OH 43220

You may also include a school PO# if you are not able to send a check prior to the meet – please plan to bring a check to the meet.

SUBMIT ENTRIES TO:

Refer to the ENTRY PROCEDURE PAGE

Meet is pre-seeded. Deck entries will be considered on a first come, first served basis for any available spots after the scratch meeting. Payment MUST be made at the time of the deck entry. Events will not be re-seeded to accommodate deck entries.

SCORING AND AWARDS

SCORING:

Individual and relay swimming events will be Prelims/Finals with the Finals Session composed of a Consolation (B-Final) and a Championship (A-Final). Twenty (20) places will be scored for each individual swimming and relay event.

AWARDS:

There is no award ceremony. Coaches will pick up awards at the end of the session.

INDIVIDUAL AWARDS FOR B-FLIGHT ONLY

Individual Event Awards: First through Tenth. Swimmers who achieve an A-flight qualifying time will receive a "Qualifier Award" and are not eligible for 1st through 10th place awards. No Relay Awards are given.

TIME STANDARDS & EVENTS

TIME STANDARDS:

Qualifying times for the A-flight are listed below. There are no qualifying times for relays – teams may enter an "A" relay only. One entry per relay event.

Time Standards represent approximately the 48th place time in last year prelims; although, no time standard was adjusted to a slower time. Swimmers may compete if they achieved the time standard between December 1, 2018 through entry deadline. The 500 freestyle will be limited to the 40 fastest girl's times and the 40 fastest boy's times entered. **Coaches must submit proof of time for all 500 freestyle entries with your Hy-Tek entry files** (web address of official results, scan of results, photo from phone). Team Manager print-outs are NOT acceptable for proof of time. You may enter an alternate event for 500 swimmers if you are not certain they will be top 40. Please check "bonus" in the alternate entry.

Girls	Event	Boys
2:08.89	200 Free	1:55.99
2:24.19	200 IM	2:10.09
:26.19	50 Free	:23.39
1:04.19	100 Fly	:58.39
:58.09	100 Free	:51.69
Fastest 40	500 Free	Fastest 40
1:04.79	100 Back	1:00.59
1:14.79	100 Breast	1:06.29

Times in bold are faster than 2018

There will be no qualifying time for the B-flight. HOWEVER, COSA will limit the number of swims to finish by 3:30 pm. The 500 freestyle will be limited to 3 heats. Rather than limit each event to a specific number of heats, all entries will be accepted and adjustments will be made to accommodate as many swimmers as possible. (For example – we will not limit events to 4 heats across the board. There may be 10 heats of 50 freestyle and only enough entrants for 2 heats of 100 butterfly).

The 200 Medley and 200 Free Relays will be contested in the B-flight. Each team may enter two (2) relays per event – B-flight ONLY. The Medley Relay will be the first event, the Free Relay will be the last event.

Teams with swimmers who have not qualified in an individual event for the A-flight who are competing on A-flight relays should contact the Meet Director to make arrangements for those swimmers.

MISSED CUTS:

The qualifying time standards are to be adhered to without exception. A team that has an excessive number of athletes not making the time standards in events runs the risk of not being permitted entry into future Ned Reeb Meets.

Please be prepared to prove "missed cuts" with meet results. A fine of \$10/missed cut will be imposed and must be paid within 30 minutes of the conclusion of the A-flight or swimmers from that team will be barred from finals competition. The later entry date now affords teams the opportunity to complete at least one meet prior to the entry deadline.

MISSED CUT FINES WILL BE ENFORCED AT THIS YEAR'S MEET!!!

DECK PASSES:

Teams will receive ONE (1) deck pass for each SEVEN (7) swimmers entered in the meet. Additional passes may be purchased for \$10 at the computer table.

ORDER OF EVENTS:

The order of events is the standard Ohio High School order beginning with the Girls 200 Yard Medley Relay and ending with the Boys 400 Yard Free Relay. Genders will be competing in opposite ends of the natatorium during prelims. All finals heats will be swum in the South pool (nearest diving well). **NOTE: All A-flight relays will be swum in a prelim/final format.**

FRIDAY B-FLIGHT EVENTS:

The Friday session will follow the same order of events as the Saturday B-flight. Please note that Friday event numbers are numbered in the 500's. Friday event numbers begin with a 5 to help ensure that you are entering the correct day/event.

ENTRY PROCEDURE PAGE NO ENTRIES ACCEPTED PRIOR TO NOV. 21

Navigate to the following web-pages:

A-flight: http://ymca.ymcacompetitiveswim.org/YMCANatsEntry.asp?M=NedReebFlight-A

• B-flight: http://ymca.ymcacompetitiveswim.org/YMCANatsEntry.asp?M=NedReebFlight-B

Follow the instructions on the web-site.

If you are an Ohio team, use OH for your LSC (do not worry about your high school team not being a USA registered team). If your athletes are registered with another LSC, you may use that LSC designator for the purposes of matching athletes to the SWIMS database. If you do not wish to have your swims uploaded, you do not need to worry about USA ID#'s. IF you wish to have your swimmer's times from the meet uploaded to the SWIMS database, you MUST have USA ID#'s included with your entry. We will not add USA ID's at the meet.

Use your assigned OHSAA team code! You are not ZHS for Zanesville High School. Codes can be found on the OHSAA web-site. If you are submitting separate files for Girls/Boys, enter a G (girls) or B (boys) at the end of your code – e.g. Upper Arlington Girls – UPAG Upper Arlington Boys – UPAB.

If you coach / enter multiple teams, you must upload a SEPARATE FILE for each team.

After you have entered your LSC and Team Code, confirm that this is your team. This will take you to page 2.

Pg.2 – enter your information (please include an e-mail and phone number in case we need to contact you)

Select your team entries file (created in either Hy-Tek or Team Unify (or whatever you are using that is Meet Manager compliant).

You may use the COMMENTS box to list links to proof-of-time for 500 swimmers if the meet results can be found online. If your proof is from District or State meets (Ohio), simply note which meet.

Alex Jones – 500 free – 2016 OHSAA SE District Meet Samantha Smith – 500 free - link> http://www.xxxxxxx
If from a meet not online, you will need to e-mail proof-of-time

LIST YOURSELF as a coach in the list of coaches attending the meet. You will receive ONE (1) deck pass for each SEVEN (7) swimmers entered in the meet.

Click the GREEN "Submit Entries" button.

Once you submit your entries, a new page will be displayed with an entry summary. Use the GREEN "Print Meet Report" button to print a copy of your entries for your records. A pop-up box will open

from which you may print (right click and select "PRINT"). Please note that there is a time-stamp on your entries. Entries are processed and accepted or declined based on space available relative to the time they were uploaded into the system.

A-FLIGHT ONLY

NED REEB MEMORIAL HIGH SCHOOL INVITATIONAL SWIMMING MEET SUMMARY SHEET (submit this sheet with your payment)

SCHOOL:			
COACH:			
MAILING ADDRESS:			
TELEPHONE:			
EMAIL ADDRESS – Coach:			
EMAIL ADDRESS – Entry person:			
NUMBER OF BOYS ENTERED	X \$15.00 =	_	
NUMBER OF GIRLS ENTERED	X \$15.00 =	_	
TOTAL ENCLOSED =			

ENTRY DEADLINE: 3:00 PM Sunday, December 8th for Central Ohio teams early entry.

AFTER 3:00 PM for teams outside of Central Ohio. Entries will close when the meet is full *OR* 3:00 PM on Monday, December 9th, 2019.

PAYMENT of Invoice DEADLINE: Saturday December 14, 2019.

B-FLIGHT ONLY

NED REEB MEMORIAL HIGH SCHOOL INVITATIONAL SWIMMING MEET SUMMARY SHEET (submit this sheet with your payment)

SCHOOL:		
COACH:		
MAILING ADDRESS:		
TELEPHONE:		_
EMAIL ADDRESS – Coach:		
EMAIL ADDRESS – Entry person	n:	
NUMBER OF BOYS ENTERED_	X \$8.00 =	
NUMBER OF GIRLS ENTERED	X \$8.00 =	
	TOTAL ENCLOSED =	

ENTRY DEADLINE: 3:00 PM Sunday, December 8th for Central Ohio teams early entry.

AFTER 3:00 PM for teams outside of Central Ohio. Entries will close when the meet is full *OR* 3:00 PM on Monday, December 9th, 2019.

PAYMENT of Invoice DEADLINE: Saturday December 14th, 2019.